Policy Statement

Sudden cardiac arrest is a major cause of death in the United States. Abnormal heart rhythms cause most sudden cardiac arrests. A critical step in treating persons suffering from heart arrhythmia is the delivery of an electric shock (defibrillation) to the heart with the use of an automated external defibrillator (AED). It is the policy of the Johns Hopkins Police Department (JHPD) to respond quickly and safely to all reports of unresponsive persons and possible cardiac emergencies and to use the AED equipment as trained on all persons suffering from cardiac arrest, with the goal of reducing the mortality rate within the Johns Hopkins community due to sudden cardiac arrest.

Who Is Governed by This Policy

This Directive governs all bureaus, sections, and their members, including sworn, nonsworn, and contractual or voluntary persons in service with the JHPD.

Purpose

The purpose of this Directive is to establish procedures and responsibilities regarding the use of AEDs.
Definitions

**Automated External Defibrillator (AED):** A medical heart monitor and defibrillator device that:
- Has been cleared for market by the federal Food and Drug Administration,
- Can recognize the presence or absence of ventricular fibrillation or rapid ventricular tachycardia,
- Can determine, without intervention by an operator, whether defibrillation should be performed, and
- On determining that defibrillation should be performed, automatically charges and requests delivery of an electrical impulse to an individual’s heart and: (1) requires operator intervention to deliver the electrical impulse; or (2) automatically continues with delivery of electrical impulse.

(Code of Maryland Regulations (COMAR) § 30.01.01.02)

| **Cardiopulmonary Resuscitation (CPR):** | An emergency lifesaving procedure performed when the heart stops beating. |
| **Emergency Medical Services (EMS):** | Medical responders to emergencies, such as emergency medical technicians or paramedics. |
| **Member:** | All members of the JHPD, including employees, officers, and volunteers, unless the term is otherwise qualified (e.g., member of the public, member of the Baltimore Police Department, etc.). |
| **Officer:** | All sworn police officers, at any rank, as defined by MD Code, Public Safety, § 3-201, in service with the JHPD. |

Policy

A critical step in treating persons suffering from a cardiac emergency is the use of an AED. JHPD officers will respond promptly to all reports of unresponsive persons and possible cardiac emergencies that occur within the JHPD’s jurisdiction and use AEDs with the goal of reducing the mortality rate within the JHPD’s jurisdictional area due to sudden cardiac arrest. Upon determining that a medical emergency necessitates the use of an AED, officers shall use the AED in accordance with their training and the provisions of this Directive.

Procedures

I. **Training & Certification**

All officers are required to successfully complete initial AED training before using an AED. The program will be implemented and administered in accordance with Maryland regulations, including registering and receiving certification as required by the Maryland Institute for Emergency Medical Services Systems (MIEMSS) and Maryland laws and regulations.

A. All officers are required to be trained and certified in cardiopulmonary resuscitation (CPR) and first aid prior to receiving AED training or using an AED.
B. The Education and Training Division will be responsible for coordinating AED training and certification for all JHPD officers.

C. All officers are required to successfully complete initial AED training and certification before using an AED. Initial training and certification will include the following, at a minimum:

- Officers who have taken the Law Enforcement Emergency Medical Care Course (LEEMCC) will be trained and certified in the usage of AEDs during the initial LEEMCC certification course that includes the proper performance, application, and integration of CPR and the AED.
- Non-LEEMCC-trained personnel will be required to complete an initial training program in the proper performance, application, and integration of CPR and the AED, as approved by the Public Safety Training Section.
- Initial certification programs will consist of both lectures and practical scenarios.
- A written examination will be utilized to verify knowledge retention. Officers must achieve a passing score as established by the American Safety and Health Institute (ASHI).
- A practical evaluation will be utilized to verify competency. Each officer must demonstrate competency by meeting established skills identified by the ASHI.

D. All officers must undergo regular recertification on the use of the AED.

- LEEMCC-certified officers are required to maintain current certification as LEEMCC providers. The four-hour LEEMCC/ASHI CPR/AED recertification course will be completed within two years of initial certification and every two years thereafter.
- Non-LEEMCC-trained personnel will be required to complete an annual training program in the performance, application, and integration of CPR and the AED.

E. Officers may only use AED equipment that they have been trained to use.

II. **Patrol Officer Responsibilities**

Patrol officers who are trained in the use of AEDs shall do the following:

A. Be responsible for the care and maintenance of the AED unit and related equipment assigned to them.

B. At the beginning of each shift, visually inspect the AED unit assigned to the patrol vehicle to verify it is in operating order and is equipped with a set of defibrillator pads.
• Officers shall immediately report any observed damages or deficiencies to the AED unit to the shift supervisor.

• If the assigned AED unit is inoperative, officers shall return it to the Quartermaster in exchange for an operational AED unit.

C. Notify the Johns Hopkins Public Safety (JHPS) Communications Center at the beginning of each shift that they are carrying the AED unit. This will help Communications Center personnel know which officers to dispatch to incidents that may require an AED.

D. Stow AED units in the passenger compartment or cargo area of the officer’s assigned vehicle and secure the unit by a seatbelt or other appropriate manner.

• AED units shall not be stowed in the trunk or on the floors of vehicles due to the unit’s sensitivities to impact, moisture, and temperature.

E. Respond to all medical emergencies, including reports of unresponsive persons and possible cardiac arrest incidents, in a safe and expeditious manner. Upon arriving at the scene, officers shall do the following:

• Remove the AED unit and related equipment from the police vehicle before approaching the patient.

• Notify the JHPS Communications Center of their initial arrival at the scene and request Emergency Medical Services (EMS) to respond.

• Follow the AED protocol in accordance with their training if the individual is experiencing any of the following situations:
  ○ Cardiopulmonary arrest
  ○ Unconscious
  ○ Stopped breathing
  ○ Drowning
  ○ Electrocution
  ○ Unknown medical emergency or trouble
  ○ Other situations at the direction of a supervisor

• Refrain from using the AED in the following situations:
  ○ In any situation precluding safe use, such as on an individual immersed in water or near a metal surface
  ○ On an individual who has spontaneous movement

• Continue following the AED protocol until relieved by EMS personnel.
Provide the following information to EMS personnel upon transferring the patient to their care:

- Patient’s age, if known
- Whether the officer witnessed the cardiac arrest
- Approximate time from collapse to EMS arrival
- CPR performed by the officer or any bystander
- Number of defibrillations provided
- Patient’s response to treatment
- Any known medical conditions or medications
- Circumstances prior to medical intervention

Advise the JHPS Communications Center when an AED is applied to the patient for accurate time records.

F. Complete the following forms and reports any time that the officer attaches electrodes to a patient, regardless of whether defibrillations were or were not attempted:

- AED Incident Report
- MIEMSS report
- Any other incident report that may be required.

G. Obtain a new set of defibrillator pads from the Quartermaster at the conclusion of an AED incident. The officer will then connect the new set of pads to the AED unit.

- The Quartermaster will indicate on the maintenance log that the AED was utilized and that a new set of defibrillator pads was issued to that unit.
- Whenever possible, the AED utilized in a cardiac incident will be taken out of service until the data in the unit can be downloaded by the AED Project Coordinator or their designee.

H. Upon experiencing a problem with an AED unit, immediately place the unit out of service and notify their immediate supervisor.

- The unit shall either be turned over to the AED Project Coordinator or secured in the office of the officer’s immediate supervisor.
- A memo detailing the problem shall be directed to the AED Project Coordinator.

I. Respond to AED tamper alarms and, in addition to taking any other required actions, notify the AED Project Coordinator if alarms resulted from malfunctions, tampering with instruments, or actual instrument use.
J. Return the AED unit and any related equipment to the Quartermaster prior to reporting off duty.

K. Promptly notify the Watch Commander or Division Commander if the AED is used on:
   - An individual under arrest or in JHPD custody, or
   - Any member of the JHPD.

L. Patrol supervisors shall ensure that officers fulfill the responsibilities described in this section.

III. **JHPS Communications Center Responsibilities**

JHPS Communications Center personnel shall do the following:

A. Upon receiving a report of an unresponsive person or possible cardiac arrest incident, dispatch the nearest available patrol section equipped with an AED to the scene. This may be in addition to other personnel already assigned.

B. Notify the Baltimore City Fire Department and request they dispatch EMS to the scene.

C. Immediately enter the officer’s arrival and AED application times into the computer-aided dispatch system when notified by the officer at the scene.

IV. **AED Project Coordinator Responsibilities**

A designated Commander will assign a member of the JHPD to serve in the ancillary position of AED Project Coordinator. The AED Project Coordinator must meet the training and certification requirements specified by Johns Hopkins University (JHU) and the JHPD, including being trained in CPR and using AEDs. The AED Project Coordinator shall do the following:

A. Work with Education and Training to ensure that all sworn personnel are initially trained and recertified in the use of the AED within the yearly time period.

B. Act as the JHPD’s liaison to JHU for the AED program.

C. Review all AED Incident Reports to verify that AED protocol is being properly followed.

D. File all AED reports.

E. Inspect all AEDs on a monthly basis. The results of the inspection will be recorded on the AED Inspection Form. The inspections shall include the following:
   - AED location
- AED serial number
- Electrode expiration date(s), adult and child
- Battery expiration date
- Date of inspection
- Inspector signature and ID number
- Carrying case intact with no signs of damage
- Battery charged and ready for use
- Maintenance issues
- All equipment available in the carrying case

F. Maintain the record keeping of the maintenance, history, and use of each individual AED unit. This includes:
   - Ensuring current copies of inspection records are kept in an AED Inspection binder in the squad room,
   - Submitting completed inspection records to JHU, and
   - Maintaining original inspection records consistent with the JHPD’s records retention and destruction schedule.

G. Ensure timely completion of reports and notifications to JHU for any instrument malfunctions.

H. Order new AED equipment and related supplies as necessary.

I. On February 1, prepare a summary report to the Chief of Police detailing the use and outcome of all incidents involving the AED during the preceding calendar year.

**Policy Enforcement**

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Related Resources

### University Policies and Documents

### External Documentation

- Maryland Institute for Emergency Medical Services Systems (MIEMSS), AED Program
- Code of Maryland Regulations (COMAR) Title 30, Maryland Institute for Emergency Medical Services Systems (MIEMSS)
- Memorandum of Understanding Between the Johns Hopkins Police Department & City of Baltimore Police Department, dated December 2, 2022

### Police Department Forms and Systems

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